

# Southern Delight®

## Easy Beef & Sausage Chili

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### INGREDIENTS

1.5 Lbs. Ground Beef	1/2 Lb Kentucky's Finest Sausage
1/2 Lb. Kentucky's Finest SMOKED Sausage	1 28 oz. Cans Crushed Tomatoes
2 Jars MILD Southern Delight Savory Apple & Honey Salsa	
1 6 oz. Cans Tomato Paste	1 Qt. Water
1/2 12 oz. Bag Frozen Diced Onions	1/2 16 oz. Bag Frozen Whole Kernel Corn
1/2 12 oz. Bag Frozen Diced Bell Peppers	2 14 oz. Cans Dark Red Kidney Beans
1 14 oz. Cans Black Beans (rinsed & drained)	
3/4 C. Southern Delight Classic No-Salt-Added BBQ Sauce	
2 Tbsp. Southern Delight Basil & Oregano Italian No-Salt-Added Seasoning Blend	
2 Tbsp Southern Delight Classic No-Salt-Added Seasoning Blend	
8 oz. Grated Cheddar Cheese (optional)	

### DIRECTIONS

Brown Ground Beef & Sausage in skillet and drain well. Transfer to 10 qt. stock pot and add the remaining ingredients except the cheese. Cook at medium heat for 30 min. (until all ingredients are hot), then add the cheese. Simmer for one hour, stirring often. Serve with additional cheese and toasted Southern Delight Basil & Oregano Garlic Bread (recipe 302). Serves 10-12. Enjoy!

*The Low-**Sodium Choice for a Healthier America!***<sup>™</sup>

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